

# Ladislas Nalborczyk

## POSTDOCTORAL RESEARCHER

GIPSA-lab, CNRS, Univ. Grenoble Alpes

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## Research interests

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I am a cognitive scientist interested in the conscious experience of imagined actions (motor imagery, covert speech) and in their neural, psychophysiological, and cognitive correlates. In the fundamental part of my research, I am using a combination of behavioural, psychophysiological, and computational methods to evaluate predictions of motor control models applied to imagined actions. In the applied dimension of my research, I am using machine learning and deep artificial neural networks to decode the content of both overt and covert verbal actions from electrophysiological data. In parallel, I also work on the development and dissemination of rigorous experimental and statistical methods for psychological research.

## Academic positions

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### Institute of Language, Communication and the Brain

Marseille, France

POSTDOCTORAL RESEARCHER

April 2021 – March 2023

What are the inhibition mechanisms underlying inner verbal actions? Clarifying the implementation and timecourse of these mechanisms during inner speech and inner typing.

### GIPSA-lab, CNRS

Grenoble, France

POSTDOCTORAL RESEARCHER

March 2020 – February 2021

Working on decoding the neural (electrocorticographic) correlates of overt and inner speech using machine learning algorithms and deep artificial neural networks.

### Univ. Grenoble-Alpes & Ghent University

Grenoble (France) & Ghent (Belgium)

PHD STUDENT

October 2015 – September 2019

Research on the psychophysiological correlates of mental rumination and the role of the speech motor system in rumination.

Teaching data analysis and cognitive psychology in a Psychology BA.

### Laboratoire de Psychologie et NeuroCognition, CNRS

Grenoble, France

MSC RESEARCH INTERNSHIP

February 2015 – June 2015

Five months research internship, working on the facial electromyographic correlates of induced mental rumination.

## Education

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### Univ. Grenoble Alpes (France) & Ghent University (Belgium)

Joint PhD in Clinical, Experimental, and Cognitive Psychology 2015 – 2019

Thesis title: Understanding rumination as a form of inner speech 

Supervisors: Dr. Hélène Loevenbruck (UGA), Pr. Ernst Koster (UGent), & Dr. Marcela Perrone-Bertolotti (UGA)

### Grenoble Institute of Technology (France)

MSc in Cognitive Science, June 2015

Supervisors: Dr. Hélène Loevenbruck (UGA) & Dr. Marcela Perrone-Bertolotti (UGA)

### Pierre-Mendes France University (France)

BA in Psychology, June 2013

## Publications

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When applicable, preregistration, preprint, data, code, and supplementary materials are available online by clicking on the  icon.

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## IN THE PIPELINE

**Nalborczyk, L.** (*submitted*). Re-analysing the data from Moffatt et al. (2020): A textbook illustration of the absence of evidence fallacy. 

**Nalborczyk, L.**, Perrone-Bertolotti, M., Baeyens, C., Grandchamp, R., Spinelli, E., Koster, E.H.W., & Lœvenbruck, H. (*under review*). Articulatory suppression effects on induced rumination. 

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## PEER-REVIEWED JOURNAL ARTICLES

[9] Beffara, B., Bret, A., & **Nalborczyk, L.** (*in press*). A fully automated, transparent, reproducible and blind protocol for sequential analyses. *Meta-Psychology*. 

[8] **Nalborczyk, L.**\*, Banjac, S.\*., Baeyens, C., Grandchamp, R., E., Koster, E.H.W., Perrone-Bertolotti, M., & Lœvenbruck, H. (*in press*). Dissociating facial electromyographic correlates of visual and verbal induced rumination. *International Journal of Psychophysiology*. 

[7] **Nalborczyk, L.**, Grandchamp, R., Koster, E.H.W., Perrone-Bertolotti, M., & Lœvenbruck, H. (2020). Can we decode phonetic features in inner speech using surface electromyography? *PLOS ONE*, 15(5): e0233282. <https://doi.org/10.1371/journal.pone.0233282> 

[6] Molto, L., **Nalborczyk, L.**, Palluel-Germain, R., & Morgado, N. (2020). Action effects on visual perception of distances: A multilevel Bayesian meta-analysis. *Psychological Science*, 31(5), 488-504. <https://doi.org/10.1177/0956797619900336> 

[5] Landy, J. F., Jia, M., Ding I. L., Viganola, D. Tierney, W., ... **Nalborczyk, L.** ... Uhlmann, E. L. (2020). Crowdsourcing hypothesis tests: Making transparent how design choices shape research results. *Psychological Bulletin*, 146(5), 451-479. <https://doi.org/10.1037/bul0000220>

[4] **Nalborczyk, L.**, Batailler, C., Lœvenbruck, H., Vilain, A., & Bürkner, P.-C. (2019). An introduction to Bayesian multi-level models using brms: A case study of gender effects on vowel variability in standard Indonesian. *Journal of Speech, Language, and Hearing Research* 62(5), 1225-1242. [https://doi.org/10.1044/2018\\_JSLHR-S-18-0006](https://doi.org/10.1044/2018_JSLHR-S-18-0006) 

[3] **Nalborczyk, L.**, Bürkner, P.-C., & Williams, D. (2019). Pragmatism should not be a substitute for statistical literacy, a commentary on Albers, Kiers, and van Ravenzwaaij (2018). *Collabra: Psychology*, 5(1): 13. <https://doi.org/10.1525/collabra.197> 

[2] Trafimow, D., Amrhein, V., Areshenkoff, C. N., Barrera-Causil, C., Beh, E. J., Bilgic, Y., ... **Nalborczyk, L.** ... Marmolejo-Ramos, F. (2018). Manipulating the alpha level cannot cure significance testing. *Frontiers in Psychology*, 9:699. <https://doi.org/10.3389/fpsyg.2018.00699>

[1] **Nalborczyk, L.**, Perrone-Bertolotti, M., Baeyens, C., Grandchamp, R., Polosan, M., Spinelli, E., ... Lœvenbruck, H. (2017). Orofacial electromyographic correlates of induced verbal rumination. *Biological Psychology*, 127, 53-63. <https://doi.org/10.1016/j.biopsych.2017.04.013> 

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## BOOK CHAPTERS

[2] Lœvenbruck, H., Grandchamp, R., Rapin, L., **Nalborczyk, L.**, Dohen, M., Perrier, P., Baciu, M., & Perrone-Bertolotti, M. (2018). A cognitive neuroscience view of inner language: to predict and to hear, see, feel. In Langland-Hassan, P. & Vicente, A. (eds.), *Inner Speech: new voices*. Oxford University Press.

[1] Lœvenbruck, H., **Nalborczyk, L.**, Perrone-Bertolotti, M., Baeyens, C., & Grandchamp, R. (2018). Un cas d'incarnation linguistique: implication du système moteur orofacial dans les ruminations mentales. *Recherches sur la philosophie et le langage*, numéro spécial “Cognition incarnée”

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## CONFERENCE PROCEEDINGS

- [1] Molto, L., **Nalborczyk, L.**, Palluel-Germain, R., & Morgado, N. (2018). Action-specific effects on distance perception: A multilevel Bayesian meta-analysis. *Cognitive processing*, 19(S1), 1-76.  
<https://doi.org/10.1007/s10339-018-0884-3>
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## PHD THESIS

- Nalborczyk, L.** (2019). Understanding rumination as a form of inner speech: probing the role of motor processes. Univ. Grenoble Alpes & Ghent University. 

## Presentations

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### INVITED TALKS

- [5] **Nalborczyk, L.** (2020). Introduction to the Open Science Framework. “Open November” open science webinar, RJC ACAPS.
- [4] **Nalborczyk, L.** (2020). Bayesian multilevel models in R using brms. PPC seminar, GIPSA-lab, Grenoble, France. 
- [3] **Nalborczyk, L.** (2019). An introduction to Bayesian multilevel models using R, brms, and Stan. R in Grenoble working sessions, Grenoble, France. 
- [2] **Nalborczyk, L.** (2018). How to avoid common misinterpretations of p-values and Bayes factors. ENTPE seminars, Lyon, France. 
- [1] Beffara, B., **Nalborczyk, L.**, Héjja-Brichard, Y., & Bret, A. (2017). Open, slow, and sustainable science. PhD student day, LPNC, Grenoble, France.
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### WORKSHOP TALKS

- [3] **Nalborczyk, L.** (2020). Introduction to Bayesian Statistical Modelling in R. Semaine DATA-SHS, MSH-Alpes, Grenoble, France. 
- [2] Beffara, B., Beffara-Bret, A., **Nalborczyk, L.**, Héjja-Brichard, Y., & Beffara-Bret, B. (2020). Introduction to the Open Science Framework. CRNL Workshop, “Publishing differently: new ways to evaluate and disseminate the scientific knowledge in the digital area”, Lyon, France. 
- [1] **Nalborczyk, L.** (2018). Introduction to Bayesian Statistical Modelling. UGent specialist (doctoral) course on Bayesian statistical modelling, Ghent, Belgium. 
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### CONFERENCE TALKS

- [8] Rouy, M., Saliou, P., **Nalborczyk, L.**, Pereira, M., Roux, P., & Faivre, N. (2020). Systematic review and meta-analysis of the calibration of confidence judgments in individuals with schizophrenia. Neuromatch 3.0 online conference.
- [7] **Nalborczyk, L.** (2019). Modelling potential biases in sequential analyses procedures. Lightning talk at the meeting of the Society for the Improvement of Psychological Science, Rotterdam, The Netherlands. 
- [6] **Nalborczyk, L.** (2018). Using information-theoretic approaches for model selection: moving from explanation toward prediction. Lightning talk at the meeting of the Society for the Improvement of Psychological Science, Grand Rapids, MI. 
- [5] Molto, L., **Nalborczyk, L.**, Palluel-Germain, R. & Morgado, N. (2018). Action-specific effects on distance perception: A multilevel Bayesian meta-analysis. 7th International Conference on Spatial Cognition, Rome, Italy.

- [4] **Nalborczyk, L.** (2018). Sequential testing with information criteria and evidence ratios. *Bayes@Lund*, Sweden. 
- [3] **Nalborczyk, L.**, Perrone-Bertolotti, M., Baeyens, C., Grandchamp, R., Spinelli, E., Koster, E.H.W., & Lœvenbruck, H. (2017). Verbal rumination as simulated speech. Embodied and Situated Language Processing conference. Moscow, Russia. 
- [2] **Nalborczyk, L.**, Perrone-Bertolotti, M., Baeyens, C., Keracheva, E., Grandchamp, R., Spinelli, E., Koster, E.H.W., & Lœvenbruck, H. (2016). Rumination at the crossroads of embodied inner speech and emotion: facial electromyographic correlates. Consortium of European Research on Emotion (CERE). Leiden, Netherlands. 
- [1] **Nalborczyk, L.**, Lœvenbruck, H., Perrone-Bertolotti, M., Baeyens, C., & Grandchamp, R. (2016). Verbal rumination as an embodied orofacial action. International conference Language and Enaction. Clermont-Ferrand, France. 

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## CONFERENCE POSTERS

- [7] Beffara, B., Bret, A., & **Nalborczyk, L.** (2019). A practical tutorial for safe sequential analyses. International Convention of Psychological Science, Paris, France. 
- [6] Molto, L., **Nalborczyk, L.**, Palluel-Germain, R., & Morgado, N. (2019). A Bayesian multilevel meta-analysis of action constraints effects on distance perception. International Convention of Psychological Science, Paris, France. 
- [5] **Nalborczyk, L.**, Perrone-Bertolotti, Baeyens, C., Grandchamp, R., Spinelli, E., Koster, E.H.W., & Lœvenbruck, H. (2018). Can articulatory suppression disrupt repetitive negative thinking ? The 16th European Workshop on Imagery and Cognition, Padua, Italy. 
- [4] Molto, L., **Nalborczyk, L.**, Palluel-Germain, R., & Morgado, N. (2018). Action-specific effects on distance perception: A multilevel Bayesian meta-analysis. The 16th European Workshop on Imagery and Cognition, Padua, Italy. 
- [3] Lœvenbruck, H., Grandchamp, R., Rapin, L., **Nalborczyk, L.**, Dohen, M., Perrier, P., Baciu, M., & Perrone-Bertolotti, M. (2018). A neurocognitive predictive model of willful inner speech production. The Probabilistic Brain Workshop, Durham, England. 
- [2] **Nalborczyk, L.**, Lœvenbruck, H., Keracheva, E., Koster, E.H.W., Baeyens, C., Grandchamp, R., & Perrone-Bertolotti, M. (2017). Articulatory suppression effects on verbal rumination. Cognitive Science Arena. Brixen, Italy. 
- [1] **Nalborczyk, L.**, Baeyens, C., Grandchamp, R., Lœvenbruck, H., Perrone- Bertolotti, M., & Polosan, M. (2015). Oro-facial electromyographic correlates of induced verbal rumination. Embodied and Situated Language Processing conference. Lyon, France. 

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## Software

Batailler, C., & **Nalborczyk, L.** (2017). *maskr*. R package version 0.0.1, available on [Github](#).

Nalborczyk, L. (2017). *ESTER: Efficient Sequential Testing with Evidence Ratios*. R package version 0.2.0, available on [Github](#).

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## Teaching Experience

### LECTURES, COURSES (>200H)

*Bachelor courses*

Data Analysis, UGA, 2016 (36h)

Introduction to Cognitive Psychology, UGA, 2016 (50h)

Cognitive Psychology: Perception, Action and Categorisation, UGA, 2016 (42h)

*Doctoral courses*

Introduction to Bayesian statistical modelling, UGA, 2017, 2018, 2019, 2020 (76h)

#### CO-SUPERVISION OF MASTER STUDENTS

Sonja Banjac, Master 2 in Cognitive Science, UGA, 2017–2018

Myriam El-Helou, Master 1 in Applied Mathematics and Informatics, UGA, 2016–2017

Elena Keracheva, Master 1 in Clinical Psychology, UGA, 2015–2016

## Fellowships, Grants and Awards

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Post-doctoral research grant, Institute of Language, Communication and the Brain (2021–2023)

Post-doctoral research grant, Fyssen foundation (2020–2022), 60k€ (*declined for personal reasons*)

Travel grant, Society for the Improvement of Psychological Science (2019), 350€

Travel grant to attend the SIPS 2018 conference, FWO (2018), ~1000€

Grant from the Flemish government to organise a doctoral course on Bayesian statistical modelling (2018), ~1000€

Univ. Grenoble Alpes: 3-year scholarship to pursue a joint PhD (2015–2018)

## Academic Services

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Co-organiser of the doctoral school course *Introduction to Bayesian statistical modelling*, June 13th – 15th, 2018, UGent (Belgium)

Elected representative of the PhD students at the academic council and the research committee of the UGA (2015–2017)

## Ad hoc reviewing

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Cognition and Emotion

Language, Cognition and Neuroscience

Annals of Physical and Rehabilitation Medicine

Psychology of Consciousness: Theory, Research, and Practice

## Professional Memberships

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Center for Open Science, Ambassador (2017–Present)

Member of the *Psychological Science Accelerator* (2018–Present)

Society for the Improvement of Psychological Science (2017–Present)

Cognitive Science Society (2020–Present)

## Other Contributions

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### ACTIVE MEMBER OF LOCAL ASSOCIATIONS FOR SCIENTIFIC COMMUNICATION

Member of the organising team of the 6th edition of *Pint Of Science France*, Grenoble, 2016

Member of the organising team of the 9th edition of the *ArtScienceTechnologie* event, Grenoble, 2015

### POPULARISATION TALKS

Et si penser était une action ? *15th cognitive sciences forum, science slam*, Paris, 2016.

## Technical Skills

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### EXPERIMENTAL TOOLS

Electromyography, electrocardiography, eye-tracking

### COMPUTER TOOLS

**Programming:** R, Shiny, Python, Matlab, Octave

**Experiment design:** OpenSesame, PsychoPy, E-prime

**Physiological data processing:** *LabChart*, KubiosHRV, R, Python

**Statistical modelling:** R, Python, JASP, Jamovi, SPSS, *Statistica*

**Deep learning:** Python, R, Keras

**Version control:** Git, Github

**Collaborative and reproducible writing:** RMarkdown, L<sup>A</sup>T<sub>E</sub>X, Overleaf, Zotero

**Open Science:** Github, Open Science Framework, PsyArXiv

NB: emphasised proprietary software programs will tend to disappear from my toolkit

## Languages

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**French:** Native

**English:** Full professional proficiency

**Dutch:** Beginner (CEFR: A2)

## References

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*Available upon request*